



bridges to hope

## Most Needed Items

Rice

Canned tuna and other meats

Chickpeas, lentils, or kidney beans

Cooking oil

Granola bars & ready-to-eat snacks

Canned soup

Dry pasta & sauce

Cereal or oatmeal

Personal care items

Baby formula & baby food

*Help us feed more than 1500 of our neighbours this holiday season!*

